



## **Jeffery Forrey, Ph.D.**

Chair of Biblical Counseling  
Professor of Biblical Counseling  
Professor of General Education  
Trinity College of the Bible and Theological Seminary

### **ACADEMIC CREDENTIALS**

Doctor of Philosophy (Educational Studies) - Trinity Evangelical Divinity School, Deerfield, IL; 2000  
Dissertation: *The Effect of Biblically Based Peer Counselor Training on Emotional Intelligence*  
Master of Science in Public Health (Health Behavior) - University of Alabama at Birmingham; 1991  
Thesis: *Communication Patterns between Suicide Attempters and Their Primary Caregivers*  
Master of Arts in Religion (Counseling & Theology) - Westminster Theological Seminary, Philadelphia, PA; 1988  
Bachelor of Science (Biology) - Delaware Valley College of Science and Agriculture, Doylestown, PA, 1986

### **CERTIFICATES AND LICENSES**

Certification, Level 2 - National Association of Nouthetic Counselors; Since 1993

### **DISTANCE LEARNING TRAINING AND EXPERIENCE**

“Charting Your Course for Online Delivery” Training - University of Southern Indiana; 2005.

### **PROFESSIONAL EXPERIENCE**

Research Assistant (Plant Biochemistry) - USDA Eastern Regional Research Center, Philadelphia, PA; 1984-1984  
Internship - Christian Counseling & Educational Foundation, Glenside, PA; 1988-1989  
Research Assistant (Cancer Prevention in Rural Alabama) - American Cancer Society; 1989-1990  
Research Assistant (Trials of Hypertension Prevention) - UAB School of Medicine; 1990-1991  
Field Director of Community Health Promotion - West Virginia Bureau of Public Health, Charleston, WV; 1991-1992  
Staff Counselor and Instructor - The Center for Biblical Counseling and Education, St. Louis, MO; 1992-1995  
Academic Administrator and Staff Counselor - Biblical Counseling Center, Arlington Heights, IL; 1995-2003  
Visiting Lecturer, “Introduction to Psychology” - Evangelical Theological College, Addis Ababa, Ethiopia; 2001  
Chair and Professor, Department of Biblical Counseling - Trinity College of the Bible and Theological Seminary; 2003-Present

### **PROFESSIONAL CONTRIBUTIONS**

Publications:

“Biblical Counsel for Concerned Singles,” *Journal of Biblical Counseling*, 14 (Spring, 1996): 24-32.  
“Building a Christian Philosophy of Education,” *Christian Education Journal*, 4 (Spring, 2000): 111-124.  
“The Concept of ‘Glory’ as It Relates to the Christian’s Self Image,” *Journal of Pastoral Practice*, Vol. X, (1992): 26-49.  
*Portraits of Biblical Counseling: Discipleship in Action*, a video training resource, Jeffery S. Forrey, project director, 2002. Available from: Biblical Counseling Center, 3233 N. Arlington Heights Rd., Ste 302, Arlington Heights, IL, 60004. [www.biblicalcounselingcenter.org](http://www.biblicalcounselingcenter.org).

"Understanding Emotions in the Christian Life," *BCSN Transformation Newsletter*, vol. 1, no. 1, (2007): 5-6.

#### Conference Presentations:

"A Biblical Approach to Motivation & Emotional Intelligence." National Association of Nouthetic Counselors 2001 Annual Conference; October 2001.

"Major Lessons from the Minor Prophets." National Association of Nouthetic Counselors 2001 Annual Conference; October 2001.

"Living with Self-Control." 2003 Annual Chicagoland Biblical Counseling Conference; February 2003.

"Why Do I Do What I Do?" 2003 Annual Chicagoland Biblical Counseling Conference; February 2003.

"Out of the Blackness: A Pastoral Response to Depression." Pastors' conference, Lynwood United Reformed Church, Lansing, IL; 2004.

"The Role of Emotions in the Christian Life." 2004 Annual Chicagoland Biblical Counseling Conference; February 2004.

"Using the Book of Revelation in Counseling." 2004 Annual Chicagoland Biblical Counseling Conference; February 2004.

"Using Old Testament Stories in Christ-Centered Counseling." 2004 Annual Chicagoland Biblical Counseling Conference; February 2004.

"Using Paul as an Example of Christian Living." 2004 Annual Chicagoland Biblical Counseling Conference; February 2004.

"Developing Discernment as a Nouthetic Counselor in a Secular Age." National Association of Nouthetic Counselors 2004 Annual Conference; October 2004.

"Theological Reflections on the Psychology of Intimacy." American Association of Christian Counselors World Conference; September 2007.

"Building Involvement with the Psalms." National Association of Nouthetic Counselors 2007 Annual Conference; October 2007.

#### Community Service Presentations

"Wealth, Worship, & Worry (Matthew 6:19-34)." Sermon at Calvary Baptist Church, Boonville, IN; October 28, 2007.

"Paul's Prescription for Anxiety (Philippians 4:4-9)." Sermon at Calvary Baptist Church, Boonville, IN; October 28, 2007.

"Forgive Because the Lord Has Forgiven You (Matthew 6:9-15; Hebrews 10:1-18)." Sermon at Calvary Baptist Church, Boonville, IN; January 20, 2008.

"Shepherding a Child's Heart." Small group facilitator at First Baptist Church, Boonville, IN; September 11-November 20, 2008.

"Keeping Anger in Check." Presented at Bible Center Cathedral Mothers of Preschoolers; October 3, 2008.

## **MEMBERSHIPS AND AFFILIATIONS**

Member - Oak Hill Evangelical Free Church, Evansville, IN

Member - National Association of Nouthetic Counselors

Member - Association for Psychological Science

## **TEACHING AND RESEARCH INTERESTS**

Biblical and theological basis for counseling; human emotionality; body/soul interaction; health behavior