

**Dr. W. Stephen Williams**  
**Chair, Department of Pastoral Ministry**  
**Trinity College of the Bible and Theological Seminary**  
**4233 Medwel Drive**  
**Newburgh, Indiana 47630**  
**812-853-0611**  
**swilliams@trinitysem.edu**

## **Personal**

Born: 10/23/53, Brownsville, Tennessee  
Married: 6/5/76, Janine (Bailey)  
Children: 7/29/86, Nathan; 6/1/88, Joanna

## **Higher Education**

Doctor of Education 2004 Southern Baptist Theological Seminary, Louisville, Kentucky  
Dissertation: *An Analysis of Transtheoretical Stages of Change in the Formation of a Spiritual Discipline* (see abstract below)

Master of Divinity 1980 Midwestern Baptist Theological Seminary, Kansas City, Missouri

Bachelor of Arts Degree 1977 Union University Jackson, Tennessee

## **Pastoral Ministry Experience**

Supply Preacher, Bible Study Teacher, Interim Pastor Various churches  
2003 - Present Kentucky and Indiana

Lead Pastor Kevil, First Baptist Church  
1998 - 2003 Kevil, Kentucky

Lead Pastor Macedonia Baptist Church  
1994 - 1998 Ripley, Tennessee

Lead Pastor Holly Grove Baptist Church  
1990 - 1994 Cooter, Missouri

Lead Pastor Fairview Baptist Church  
1986 - 1990 Newbern, Tennessee

Lead Pastor Pleasant Ridge Baptist Church  
1980 - 1985 Harrisonville, Missouri

Lead Pastor Jameson, First Baptist Church  
1978 - 1980 (attending seminary) Jameson, Missouri

Lead Pastor (attending college) Stanton Baptist Church  
1976 - 1978 Stanton, Tennessee

## **Experience in Education:**

Trinity College of the Bible and Theological Seminary, Newburgh, Indiana	2003-Present
Chair of the Department of Pastoral Ministry	2005-Present
Faculty Rank	2003-Present
Dean for Curriculum Development	2003-2004
Mid-Continent College, Mayfield, Kentucky	1999-2002
Instructor in the College of the Bible: Preaching, Theology, Bible, Leadership, Christian Disciplines	
Instructor in the College of Arts and Sciences: Speech, Communication	

## **Part-time Teaching Experience**

Mid-Continent College	1999-2002
Dyersburg State Community College Instructional Council	1997-1998
Dyersburg State Community College, Dyersburg, TN Instructor of Writing, Speech and Religion	1989-1998
Southeast Missouri Baptist Seminary Extension Center, Hayti, Missouri Instructor for Southern Baptist Seminary Extension	1992-95, 97
Midwestern Baptist Theological Seminary Field Education Supervisor, Seminary Field Education Program	1982-1983, 1985
Seminary Extension Instructor for Southern Baptist Seminaries Southeast Missouri Baptist Association, Hayti, Missouri 7 semesters	1992-95, 97

## **Teaching Experience Volunteer Positions**

Midwestern Baptist Theological Seminary Field Education Supervisor, Seminary Field Education Program	1982-1983, 1985
---	-----------------

## **Membership in Professional Societies**

Association for Supervision and Curriculum Development	2003-present
North American Professors of Christian Education	2001-present
Professional and Organizational Development Network in Higher Education	2004-present
Religious Education Association	2001-present

## **Local Volunteer**

Member of First Southern Baptist Church, Evansville, Indiana	9/2003 - Present
West Union Baptist Association, Paducah, Kentucky Executive Council	1999-01
Continuing Theological Education Seminar Committee	1999-01

Dyer Baptist Association, Dyersburg, Tennessee	
Moderator	1998
Vice Moderator	1996-98
Budget Committee	1997-98
Missions Development Council	1995-98
Vacation Bible School Director	1995-97
Baptist Student Union Steering Committee, Budget & Nominating Committee, Secretary Treasurer of the Dyer Baptist Pastor's Conference,	1987-90
Southeast Missouri Baptist Association, Hayti, Missouri	
Evangelism Committee	1991-95
Resolutions Committee	1992-94
Program Committee	1993-94
Director of Missions Strategy Committee	1993-94
Discipleship Training Director	1993-94
Vacation Bible School Director	1992-93
Blue River-Kansas City Baptist Association	1980-85
Pastor's Support Group Convener, Sunday School Assist Team Director, Deacon Committee, Camp Counselor	

### **Mission Volunteer**

Mission trip with Mid-Continent baseball team to Aquascalientes, Mexico	2000
Led a mission trip to Syracuse, Indiana	1998
Led a mission revival effort in Pachucah, Mexico	1997
Led a mission trip to Syracuse, Indiana	1997
Pastoral leadership and support in Spanish language work at Macedonia BC	1996-98
Pastoral support in establishing Spanish language worship at Macedonia BC	1996-98
Led a mission trip to Syracuse, Indiana	1996

### **Convention Volunteer**

Tennessee Baptist Convention	
Committee on Arrangements	1997-98
Associate Interfaith Witness Dept. conference leader on witnessing to Mormons	
Home Mission Board	1980-82

### **Papers Presented**

National Association of Professors of Christian Education in Orlando, Florida, October, 2004.  
*An Analysis of Transtheoretical Stages of Change in the Formation of a Spiritual Discipline.*

### **Publishing**

I am currently working on a contribution (30 New Testament words) to the forthcoming *Mounce's Complete Expository Dictionary of Old and New Testament Words* for Zondervan.

## **Dissertation Abstract**

### **AN ANALYSIS OF TRANSTHEORETICAL STAGES OF CHANGE IN THE FORMATION OF A SPIRITUAL DISCIPLINE**

William Stephen Williams, Ed.D.  
The Southern Baptist Theological Seminary  
Chairperson: Dr. Hal K. Pettegrew

This study explored the degree to which the Transtheoretical Model of change (TTM) predicts the decisional balance (how pros weigh against cons), processes relied upon, and temptation response in the stages of change when the change in question is that of the development of a spiritual discipline. The TTM has been used primarily to describe behavior change in health related habit modification. The literature shows strong support for the importance of spiritual disciplines to Christianity. It also presents diversity among scholars on the degree to which spiritual growth depends on human will-power, but there is consensus that will-power does play a role. To the degree that will-power does play a roll in spiritual growth, the social sciences may offer an explanation of human motivation and the dynamics of behavior modification.

The processes of change, decisional balance, and temptation response (self-efficacy) were measured to estimate the degree to which the TTM predicts these constructs on the basis of participants' self-reporting of stage by means of a short stage algorithm. A survey instrument was developed patterned after those used in previous TTM research.

The study focused on 185 maintenance stage people. The statistical results showed that there are many people in this stage for whom the temptation measure was predicted by the TTM, and there were many for whom the decisional balance measure was predicted, but there are not as many people for whom both of these measures were simultaneously predicted. Few of the maintenance stage people had responses to the processes of change measure overall that were predicted by the TTM.

Although the predictions of the model as a whole do not adequately represent the adoption of a spiritual discipline for maintenance stage respondents, the study does suggest that two out of the three constructs individually (not simultaneously) represent what significant numbers of Christians experience. It was also observed that seven processes of change were relied upon by those in the maintenance stage. It would appear that there are portions of the TTM that could be used to develop an instrument that would be useful in this application.